

## Welcome To The Knight Spot February 2020

3

Baked Lasagna with a Breadstick

Vegetable Chili French Fries Chili Cheese Dog Corn with Margarine Teriyaki Beef

Chicken Noodle Soup Farmhouse Chicken Sandwich Roasted Red Potatoes 5

Ravioli in Marinara Sauce with garlic bread Chipotle Chili

Garlic Jalapeno Burger Tater Tots Green Beans 6

Popcorn Chicken Chipotle Cheese Cup Chicken Tagine Soup

Cajun Burger Potato Wedges Campfire Beans 7

No School

10

Southwest Meatloaf with Gravy Cajun Chili

BBQ Pork Sandwich Garlic Mashed Potatoes Steamed Broccoli 11

Sweet and Sour Chicken with an Egg Roll Chicken Noodle Soup

Chipotle Burger Roasted Red Potato Roasted Carrots 12

Sweet and Spicy Mac Vegetarian Chili

Philly Cheesesteak Baked Beans Tater Tots Fresh Steamed Cauliflower 13

Cajun Meatballs
Parsley Noodles
Chicken Chili
Potato Wedges
Chicken Bacon melt
on Ciabatta
Fresh Roasted
Zucchini

14

Chicken Pot Pie Chana Masala Soup

Parmesan Mashed Potatoes Custom Built Burgers Seasoned Peas

17

Spicy Popcorn Chicken Bowl with Garlic Toast Tomato Soup

Triple Grilled Cheese Sweet Potato Tots Campfire Beans 18

25

Spaghetti Carbonara with a breadstick Chili

Sloppy Joe Melt French Fries Seasoned Broccoli 19

Beef Pot Roast with Gravy and Dinner Roll Chicken and White Bean chili Jerk Chicken Flatbread Mashed Potatoes Buttered Carrots 20

Made to Order Asian Noodle Bowl with an egg Roll Chicken Rice Soup Spicy Black bean Burger Potato wedges Green Beans 21

Penne Pasta with Rose Alfredo and Chicken Bread Stick Cajun Chili Mushroom and Swiss Burger French Fries Roasted Zucchini

24

Korean Meatballs and Yellow Rice Tikka Masala

Made to Order Cheesesteak Tater Tots Steamed Broccoli

Chicken Pot Pie with a

Biscuit Chili Con Carne

Mashed Potatoes Build a Burger Seasoned Green Beans 26

Cheesy Baked Penne with Garlic Breadstick Chicken Noodle Soup

BBQ Pork Sandwich Roasted Red Potatoes Steamed Carrots 27

Taco Casserole Chicken Chipotle Chili

Chili Cheese Dog French Fries Charro Black Beans 28

Made to Order Asian Noodle Bowl Vegetable Chili

Tater Bites Chicken Quesadilla Seasoned Corn

2

General Tso's Chicken Tikka Masala Soup

Brown Rice Cheese Steak with Peppers and Onion French Fries 3

Chicken Parmesan Rotini Pasta Chili Con Carne

BBQ Burger Tater Tots Seasoned Green Beans 4

Chili Stuffed Baked Potato Chicken and Rice Soup Corn Muffin Meatball Sub French Fries Orange Glaze Carrot . !

Chicken and Penne with Rose Alfredo Breadstick Chipotle Chili Potato Wedges Spicy Black Bean Burger with Cheese Seasoned Broccoli 6

Sweet and Sour Chicken Chana Masala Soup

Meatloaf Sandwich Mashed Potatoes Stir Fry Vegetables

Join us for Lunch...

We also offer Homemade Soup and Grilled Cheese daily

A variety of Fresh Fruits and Vegetables as well as 1% Plain Milk, Skim Milk and Chocolate

